

REQUEST FOR EXAMINATION

For consultation, please contact Cardiologist's rooms directly

Patient Name:	DOB:	<p>Attention Requesting Practitioners</p> <p>Effective 1 August, 2020, Medicare has made significant changes to Cardiac Services Item #'s including specific indications, who can refer and how often.</p> <p>Please review the guidelines we've provided and request within them. Tests requested outside of these guidelines can be done, however the patient will not be eligible for a rebate.</p>
Referring Doctor:	Provider No:	
Referring Doctor Address:		
Signature:	Date:	

Request for:	Limitations	Indications <small>(one indication per test requested MUST be selected)</small>
<input type="checkbox"/> Resting ECG <small>Date/Time</small>	nil	
<input type="checkbox"/> 24 Hour ECG (Holter) <small>Date/Time</small>	<ul style="list-style-type: none"> • Once every 4 weeks 	<input type="checkbox"/> Syncope <input type="checkbox"/> Presyncope <input type="checkbox"/> Palpitations > 1/week <input type="checkbox"/> Asymptomatic arrhythmia suspected > 1/week <input type="checkbox"/> Post cardiac surgery <input type="checkbox"/> Detection of AF after TIA or Stroke <input type="checkbox"/> Baby, young child or other patient where HR needs to be documented but unable to obtain accurate history
<input type="checkbox"/> 24 Hour BP Monitor <small>Date/Time</small>	nil	
<input type="checkbox"/> Exercise Stress ECG (11729) <input type="checkbox"/> < 17 years of age (11730) <small>Date/Time</small>	<ul style="list-style-type: none"> • Once per 2 years (including myocardial perfusion scan and Stress Echo) 	<input type="checkbox"/> Symptoms consistent with cardiac ischaemia <input type="checkbox"/> Other cardiac disease which may be exacerbated by exercise <input type="checkbox"/> 1° relative with suspected heritable arrhythmia
<input type="checkbox"/> Resting Echo (55126) Initial Study <small>Date/Time</small>	<ul style="list-style-type: none"> • Request by ANY Medical Practitioner (including GP) • Once per 2 years (including all other Echo Item #'s) 	Investigation of <input type="checkbox"/> Symptoms or signs of cardiac failure <input type="checkbox"/> Suspected or known LVH or LV dysfunction <input type="checkbox"/> Pulmonary HTN <input type="checkbox"/> Heart Tumour <input type="checkbox"/> Valvular, aortic, pericardial, thrombotic or embolic disease <input type="checkbox"/> Symptoms or signs of congenital heart disease <input type="checkbox"/> Other rare indications
<input type="checkbox"/> Resting Echo (55133) Frequent Repetition Study <small>Date/Time</small>	<ul style="list-style-type: none"> • Request by ANY Medical Practitioner (including GP) 	<input type="checkbox"/> Isolated pericardial effusion or pericarditis <input type="checkbox"/> Monitoring of patients on medication (required to comply with PBS Guidelines)
<input type="checkbox"/> Resting Echo (55127) Repeat Valve Study <small>Date/Time</small>	<ul style="list-style-type: none"> • Specialist ONLY • Frequency as per CSANZ Guidelines 	
<input type="checkbox"/> Resting Echo (55129) Repeat HF or SHD Study <small>Date/Time</small>	<ul style="list-style-type: none"> • Specialist ONLY • Frequency as per CSANZ Guidelines 	Similar indications as initial study except valvular or congenital <input type="checkbox"/> HF <input type="checkbox"/> LVH/LV dysfn <input type="checkbox"/> Pul HT <input type="checkbox"/> Heart Tumor <input type="checkbox"/> Aortic, pericardial, thrombotic, embolic <input type="checkbox"/> Structural HD
<input type="checkbox"/> Resting Echo (55134) Repeat Study - Rare <small>Date/Time</small>	<ul style="list-style-type: none"> • Specialist ONLY 	

Please elaborate on signs / symptoms / indications:

Request for:	Limitations	Indications (one indication per test requested MUST be selected)
<input type="checkbox"/> Exercise Stress Echo (55141) Initial Study Date/Time	<ul style="list-style-type: none"> Request by ANY Medical Practitioner (including GP) Once per 2 years (including 55143 & 55146) 	Patient displays 1 or more of the following (typical or atypical angina): <ul style="list-style-type: none"> <input type="checkbox"/> Constricting discomfort <input type="checkbox"/> Symptoms are precipitated by physical exertion <input type="checkbox"/> Symptoms are relieved by GTN within 5 minutes
<input type="checkbox"/> Exercise Stress Echo (55143) Repeat Study Date/Time	<ul style="list-style-type: none"> Specialist ONLY Once per 12 months (must have had 55141, 55145 or 55146) 	Patient has known CAD and displays one or more of the following: <ul style="list-style-type: none"> <input type="checkbox"/> Symptoms not adequately controlled by medical therapy <input type="checkbox"/> Symptoms have evolved since last functional study
<input type="checkbox"/> Pharmacological Stress Echo Initial Study (55145) Date/Time	<ul style="list-style-type: none"> Cardiologist Only Once per 2 years (including 55143 & 55146) 	Patient has one or more of the following: <ul style="list-style-type: none"> <input type="checkbox"/> Congenital HD, has undergone Sx & has suspected ischaemia <input type="checkbox"/> ECG c/w CAD or ischaemia in a patient without known CAD <input type="checkbox"/> CTCA shows CAD burden with unknown functional significance <input type="checkbox"/> Absence of CAD, exertional dyspnoea of uncertain aetiology <input type="checkbox"/> Pre-Op assessment of a patient with exercise capacity < 4 METs and has at least one of: IHD, CCF, CVA or TIA, CRF (CR>170, CC<60), IDDM <input type="checkbox"/> Pre Cardiac Sx or PCI to assess: severity of AS or valvular regurgitation and functional capacity, or ischaemic threshold <input type="checkbox"/> Patients with silent ischaemia (suspected or known), or where communication issue prevents symptom assessment
Please elaborate on signs / symptoms / indications:		

PATIENT INFORMATION

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EXERCISE STRESS ECG AND EXERCISE STRESS ECHO

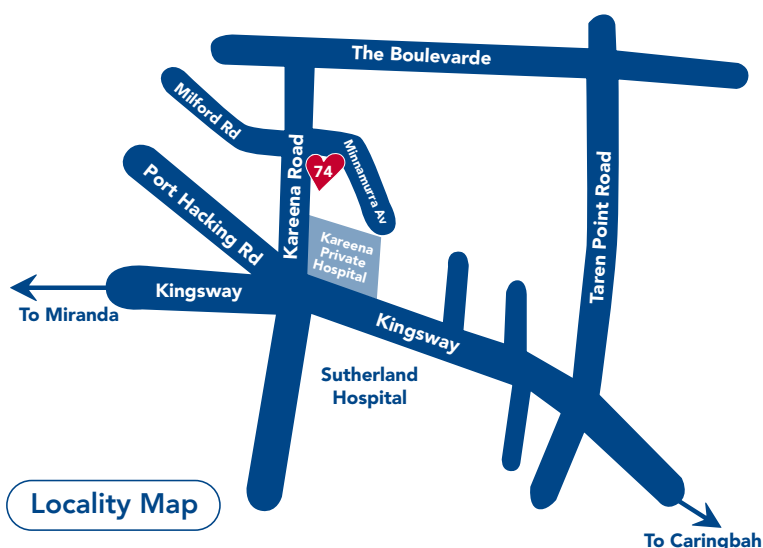
Please bring a list of your current medications.
A light meal is allowable at least 2 hours before your appointment.
Please wear comfortable exercise clothing and walking/running shoes.

24 HOUR AMBULATORY ECG / BP MONITOR

Please shower before your appointment as you will **NOT** be able to shower / bathe again until the monitor is removed 24 hours later. You are required to return at the same time the following day to have the monitor removed.
Males: please wear a loose fitting top.
Females: please wear a loose fitting or stretchy top and comfortable bra as you will be required to wear this overnight.

RESTING ECHO AND RESTING ECG

No preparation is required for these tests.



Referral for Consultation by:

- | | |
|---|--|
| <input type="checkbox"/> Dr Maurits Binnekamp | <input type="checkbox"/> Dr Nicholas Cunio |
| <input type="checkbox"/> Dr Richard Szirt | <input type="checkbox"/> Dr Ananth Prasan |
| <input type="checkbox"/> Dr James Roy | |

Please allow adequate time for parking due to the busy nature of the precinct.

All bookings, please call 9526 8820

If you have any questions, please call Southern Cardiology or visit us online at www.southern-cardiology.com.au

Your doctor has recommended that you use Southern Cardiology. You may choose another provider but please discuss this with your doctor first.

You MUST bring this Request form with you when you attend for your test(s)